



# HUXLEY CE PRIMARY SCHOOL

Newsletter

11th October 2024

## DEAR PARENTS/CARERS...

### Autumn Days

The weather has certainly changed this week. The mornings are feeling that little bit darker and colder and getting out of bed has been difficult for all of us!

#### #helloyellow

Yesterday was World Mental Health day- our children wore Yellow and discussed the importance of mental health. In our school we believe that every day should be about mental health and wellbeing and it is something we discuss regularly in school. Last week our SENCO, Sarah Atkinson, ran our Twilight training session on Zones of Regulation; something that we will introducing this year alongside our work on SUMO. We will running a parent session next term on these two approaches.

Please do have a look at our website parent support pages too for any further information/guidance around mental health and wellbeing as well as family support- hardship loans and information about pupil premium-free school meals https://www.huxleyprimary.cheshire.sch.uk/page/family-support-links-including-pupil-premium-and-mental-health/50657

#### Training opportunities for parents/carers

We are always looking for opportunities to support yourselves as well as our staff in professional development. In case you are not aware this site offer free certificated training in a huge range of areas-particularly of note is the autism awareness course, mental health, distressed behaviours in children and Adverse Childhood Experiences courses- see link below to explore- https://freecoursesinengland.co.uk/freecourses-1/

Many of our staff attend the SENDStation courses too- these are very low cost but some of these have been excellent short training sessions/webinars -https://www.sendstation.co.uk/

#### Looking after ourselves and each other

Please see the advertisements below- one regarding the Pharmacy First service and the other is our next Care in the Community project. On 6th November the children can come to school in Pyjamas. Please bring along a clean, new pair of pyjamas that can be gifted to children who are in hospital on Christmas morning. Please do not worry about the date on the advert below- we have arranged for the event to take place in November as per last year.

#### Parking

Thank you for continuing to park sensibly along the road and not parking on the grass verges or in front of the driveways etc- I really appreciate your support with this. We do now however have a slightly more concerning issue whereby parents are parking on the yellow zigzagged areas. These are marked out so that our children can safely cross the road without cars restricting their view. At the moment I have noticed that children and families are having to dart out between cars that are parked in this area- this is <u>not</u> safe especially with the speed of vehicles coming down Church Lane and with the late nights drawing in. Please can you make sure that not parking in these zones. Many thanks.

#### Parent Governors

This week you will have seen the parent governor election information pack. The last date was today so we will be in touch on Monday to share the next stages of the process. Thank you for your interest.

#### Morning drop off

I have told the children last year about this but we have had some new children join as well - a reminder that no ball games or bikes should be played with on morning drop off. Please help by reminding your children of this when you are standing on the playground. It is just too busy with lots of parents, toddlers, visitors and children - I would hate for anyone to get hurt.

Have a great weekend, Many thanks, Mrs Gourley



## DIARY DATES

- 8th October Harvest in School 2pm
- 10th October- Wear Yellow Day24th October- Parents
- Afternoon/Evening24th October- last day of term for flexi's
- 25th October last day of term full timers
- 4th November back to school for Autumn 2
- 6th November- Care in the Community- Pyjama Day at School



Friday- don't forget we have Little Seeds playgroup on Friday mornings- al welcome!





HEADTEACHER



# **Think Pharmacy First**

## To all parents and carers in Cheshire and Merseyside

**Did you know...** as well as offering advice and over the counter treatments for lots of childhood illnesses, pharmacies can now offer clinical appointments and prescription medications (if needed) for these four common conditions in children?

- Ear ache (children aged 1-17)
- Sore throat (age 5 and over)
- Infected insect bites (age 1 and over)
- Impetigo (age 1 and over)

This **Pharmacy First service** is available at most community pharmacies in Cheshire and Merseyside.

# HM Government

Think pharmacy first

## Fast advice and treatment

When your child is feeling unwell and off school with one these conditions, you want the right help as quickly as possible.

Pharmacies can often provide a **same day consultation with a trained clinical professional**, giving you access to advice and medication all in one place, without the need for a GP appointment first.

This means they could be on the road to recovery and back at school much sooner.

So remember: If your child has an ear ache, sore throat, symptoms of impetigo or a suspected infected bite, **think Pharmacy First!** 

For more information visit: www.nhs.uk/thinkpharmacyfirst





## Please donate a brand new pair of pyjamas for a poorly child in your LOCAL HOSPITAL OR CHILDREN'S HOSPICE

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OUR APPEAL IS FROM 1ST SEPTEMBER TO 31ST OCTOBER

2024

Each year, we collect donations of brand new pyjamas from new-born to age 18, which are then gifted to children in hospital on Christmas morning.

In reality, they are also used in other situations where children may have had their clothes cut off in A&E or in an emergency situation where there hasn't been time to pack essentials.

## HOW CAN You Help?

Please donate a brand new pair of non-fleece pyjamas (as hospitals are cosy enough). Have a collection at work, through family & friends or even your local school could have a PJ Day or simply donate a pair yourself.

## LOOK ONLINE AT

www.childrenshospitalpyjamas.co.uk

## FOR YOUR NEAREST PYJAMA DROP OFF POINT

Or order via Amazon with free delivery to Co-ordinator https://amzn.eu/acJOv8t

WHY? Because no child wants to be in hospital at Christmas and if they have to be they want to be wearing brand new cosy P'J's to make their stay as comfortable as possible at such a fearful time.

Follow us on our Facebook, Instagram and Twitter pages 'Children's Hospital Pyjamas' to see me delivering your PJ'S x

Lisa, Area Coordinator | 07835 660083